

# **PERFORMANCE COACHING FOR DUMMIES**

**Eugene Poma**

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### **Coaching For Performance, Beginner Training For Managers & Leaders - Performance Consultants**

One aspect of successful performance coaching is ensuring that the goals set by the individual are clear, behavioural and realistic. Make sure that the goals you.

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### **What is Performance Coaching? | Purple Tree Coaching and Training**

Put simply, performance coaching means getting the best out of people at work. Here are some essential tips and pointers to keep close to hand as you strive to.

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Evaluate carefully the amount of time you allocate to coaching. The good ones will help you as a coach to facilitate learning rather than to direct it. Provides client with contacts and networks to assist with furthering their career or life aspirations.

This is driven in part by the professional restrictions and barriers that have. At one time coaching and mentoring were reserved for senior managers and company directors, now it is available to all as a professional or personal development tool. Instead of talking about something, I Performance Coaching For Dummies find it useful to ask the coachee to replay a certain situation. Want to improve strategy execution? It helps when you limit yourself to one brief question. It will then be necessary to focus on interpersonal skills, which cannot be readily or effectively transferred in a traditional training environment.